

SCHEDULE FOR THE SCOTLAND MS/HS INVITATIONAL

Coaches Meeting at 9:00 a.m.

Running Events Start at 11:30 a.m.

V Girls 3200M Relay
V Boys 3200M Relay

JH Girls 100M Hurdles
V Girls 100M Hurdles
JH Boys 100M Hurdles
V Boys 110M Hurdles

JH Girls 100M Dash
JH Boys 100M Dash
V Girls 100M Dash
V Boys 100M Dash

V Girls 800M Relay
V Boys 800M Relay

JH Girls 1600M Run
V Girls 1600M Run
JH Boys 1600M Run
V Boys 1600M Run

JH Girls 400M Relay
JH Boys 400M Relay
V Girls 400M Relay
V Boys 400M Relay

JH Girls 400M Dash
JH Boys 400M Dash
V Girls 400M Dash
V Boys 400M Dash

V Girls 300M Hurdles
V Boys 300M Hurdles

JH Girls Short Medley Relay (100-100-200-400)
JH Boys Short Medley Relay
V Girls Medley Relay (200-200-400-800)
V Boys Medley Relay

JH Girls 800M Run
JH Boys 800M Run
V Girls 800M Run
V Boys 800M Run

JH Girls 200M Dash
JH Boys 200M Dash
V Girls 200M Dash
V Boys 200M Dash

V Girls 3200M Run
V Boys 3200M Run

JH Girls 1600M Relay
V Girls 1600M Relay
JH Boys 1600M Relay
V Boys 1600M Relay

Field Events Start at 9:30 a.m.

V & JH Girls Shot Put
V & JH Girls High Jump
V & JH Boys Discus
V & JH Boys Long Jump
V & JH Girls Triple Jump
V & JH Boys Pole Vault

Immediately following these events:

V & JH Boys Triple Jump
V & JH Girls Long Jump
V & JH Boys Shot Put
V & JH Girls Discus
V & JH Boys High Jump
V & JH Girls Pole Vault

V Javelin after other field events (No JH Javelin)

High school participants—3 from a school with 3 attempts and 3 finals
JH participates—3 from a school and 3 attempts no finals