

FORT RANDALL INVITATIONAL

May 9, 2023

Armour Track

MEETING: 9:15 in Press Box

FIELD EVENTS: 3 TRIALS ONLY FOR Jr Hi 4 TRIALS FOR VARSITY

10:00 JH Boys Shot followed by Varsity
JH Girls Discus followed by Varsity
JH Boys Long Jump followed by Varsity
JH Girls High Jump at SAME TIME AS Varsity
JH Girls Triple Jump followed by Varsity

11:30 JH Girls Shot followed by Varsity
JH Boys Discus followed by Varsity
JH Girls Long Jump followed by Varsity
JH Boys High Jump at SAME TIME AS Varsity
JH Boys Triple Jump followed by Varsity

RUNNING EVENTS FINALS ONLY

Noon 100 M Hurdles (JH Girls, JH Boys)
 100 M Hurdles Varsity Girls
 110 M Hurdles Varsity Boys
 3200 Meter Relay Girls Varsity
 3200 Meter Relay Boys Varsity
 100 Meter Dash (JH Girls, JH Boys, Varsity Girls, Varsity Boys)
 800 M Relay (JH Girls, JH Boys, Varsity Girls, Varsity Boys)
 1600 M Runs (JH Girls, JH Boys, Varsity Girls, Varsity Boys)
 400 M Relay (JH Girls, JH Boys, Varsity Girls, Varsity Boys)
 400 M Dash (JH Girls, JH Boys, Varsity Girls, Varsity Boys)
 300 M Hurdles Girls Varsity
 300 M Hurdles Boys Varsity
 800 Meter Medley Relay (JH Girls, JH Boys)
 1600 Meter Medley Relay Varsity Girls
 1600 Meter Medley Relay Varsity Boys
 800 M Runs (JH Girls, JH Boys, Varsity Girls, Varsity Boys)
 HS Weight Persons 400 Relay (2 boys and 2 girls)
 200 Meter Dash (JH Girls, JH Boys, Varsity Girls, Varsity Boys)
 3200 M Run Varsity Girls
 3200 M Run Varsity Boys
 1600 M Relay (JH Girls, JH Boys, Varsity Girls, Varsity Boys)