

FORT RANDALL INVITATIONAL

MEETING: 10:15

FIELD EVENTS: 3 TRIALS ONLY FOR Jr Hi 4 TRIALS FOR VARSITY

11:00 JH Boys Shot followed by Varsity
JH Girls Discus followed by Varsity
JH Boys Long Jump followed by Varsity
JH Girls High Jump at SAME TIME AS Varsity
JH Girls Triple Jump followed by Varsity

12:30 JH Girls Shot followed by Varsity
JH Boys Discus followed by Varsity
JH Girls Long Jump followed by Varsity
JH Boys High Jump at SAME TIME AS Varsity
JH Boys Triple Jump followed by Varsity

RUNNING EVENTS FINALS ONLY

1:00 100 M Hurdles (JH Girls, JH Boys)
100 M Hurdles Varsity Girls
110 M Hurdles Varsity Boys
3200 Meter Relay Girls Varsity
3200 Meter Relay Boys Varsity
100 Meter Dash (JH Girls, JH Boys, Varsity Girls, Varsity Boys)
800 M Relay (JH Girls, JH Boys, Varsity Girls, Varsity Boys)
1600 M Runs (JH Girls, JH Boys, Varsity Girls, Varsity Boys)
400 M Relay (JH Girls, JH Boys, Varsity Girls, Varsity Boys)
400 M Dash (JH Girls, JH Boys, Varsity Girls, Varsity Boys)
HS Weight Persons 400 Relay (2 boys and 2 girls)
300 M Hurdles Girls Varsity
300 M Hurdles Boys Varsity
800 Meter Medley Relay (JH Girls, JH Boys)
1600 Meter Medley Relay Varsity Girls
1600 Meter Medley Relay Varsity Boys
800 M Runs (JH Girls, JH Boys, Varsity Girls, Varsity Boys)
200 Meter Dash (JH Girls, JH Boys, Varsity Girls, Varsity Boys)
3200 M Run Varsity Girls
3200 M Run Varsity Boys
1600 M Relay (JH Girls, JH Boys, Varsity Girls, Varsity Boys)