

**2024 Region/Last Chance 5B Track & Field Meet
Armour, SD**

Thursday, May 16 2024—9:00 a.m.

Andes Central/Dakota Christian – Avon – Burke – Colome – Corsica/Stickney – Gregory – Marty –
Tripp-Delmont/Armour – Wessington Springs

There is a coaches' meeting at 9:30 a.m.

Field Events

9:00	Girls Javelin	(at Corsica HS)	Boys Javelin
10:30	Girls Discus Girls Long Jump Boys High Jump Boys Shot Put Boys Triple Jump	11:15	Boys Discus Boys Long Jump Girls High Jump Girls Shot Put Girls Triple Jump

Running Events

12:30	3200 Meter Relay	Girls	Finals
12:45	3200 Meter Relay	Boys	Finals
1:00	100 Meter Hurdles	Girls	Finals
1:10	110 Meter Hurdles	Boys	Finals
1:20	100 Meter Dash	Girls, Boys	Finals
1:35	800 Meter Relay	Girls, Boys	Finals
1:50	1600 Meter Run	Girls, Boys	Finals
2:05	400 Meter Relay	Girls, Boys	Finals
2:20	400 Meter Dash	Girls, Boys	Finals
2:45	300 Meter Hurdles	Girls, Boys	Finals
3:00	Medley Relay	Girls, Boys	Finals
3:15	800 Meter Run	Girls, Boys	Finals
3:35	200 Meter Dash	Girls, Boys	Finals
4:00	3200 Meter Run	Girls, Boys	Finals
4:30	1600 Meter Relay	Girls, Boys	Finals