

## 2023 / 2024 MVPCS Titan Youth Wrestling

- **Who:** Boys and Girls in Pre-K thru 6th grade from MVP and the surrounding communities. Also, more weight classes for girls have been made.
- **What:** Youth Wrestling Practice
- **When:** Tuesdays and Thursdays beginning **November 30<sup>th</sup> @ 5:45** for all wrestlers. There will also be a parent meeting on this day starting at 5:45. **Practice times will be 5:45-7:00.**
- **Where:** Practice is held at the **Ag Building at the fairgrounds** in Plankinton.
- **Please detach and send the bottom registration form to the first practice with your child.**

### Other Info:

- Head Coach: Luke Tiesler
- Wear a t-shirt & shorts to practice.
- There will be a small supply of extra wrestling shoes available at practice.
- Team singlets will be provided for tournaments, or wear your own if you prefer. **A \$40 deposit is required when singlets are handed out.** You will get this back when the singlet is returned, providing it is in the same condition.
- **Must have an AAU card to practice and compete BEFORE the first practice.** <https://aauwrestling.net>
  - Click either JOIN AAU or MEMBER LOGIN
  - Club Code: W3BF7Y
  - Club Name: MVPCS Titan Youth Wrestling
  - Please ask if you need assistance with this!
- We are practicing at the Ag Building to allow for as much room as possible. Kids will practice in pods. Mats will be sanitized after each practice.
- Communication Sources:
  - We use the Remind app as a source of communication. Following is the link:  
<https://www.remind.com/join/titanyou>
  - We also have a Titan Youth Wrestling Club Facebook page. Following is the link:  
<https://www.facebook.com/TitanYouthWrestling/>
- Most youth tournaments are on Friday nights and Sundays. Participate in as many or as few tournaments and practices as your schedule allows. Dates, times, and locations for events will be available at practices and via our Facebook page. Other helpful websites to find area tournaments:

[www.dakotagrappler.com](http://www.dakotagrappler.com)

[www.pierrewrestling.com/tournaments](http://www.pierrewrestling.com/tournaments)

[www.westsideraiderwrestling.com/index.php/tournaments](http://www.westsideraiderwrestling.com/index.php/tournaments)

[www.trackwrestling.com](http://www.trackwrestling.com)

### **For more information:**

Luke Tiesler: (605) 999-8622

Jeremy Gunkel: (605) 999-7594

Ashley Baker: (605) 999-7310

If transportation to or from practice is an issue for you, please reach out to Ashley Baker and we will try to connect you with someone from your town to carpool with.

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Wrestler's Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Approximate Weight: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_

Phone: \_\_\_\_\_